

Visitation Child Care Center Program Plan

Preschool Program Plan

The preschool program provides care for a maximum of 22 children ages 34 months through 5 years old from 7:00am to 6:00pm Monday through Friday. The children are supervised by staff at all times, adhering to a ratio 1 adult to 10 children. Staff will continually be within sight and sound of the children to provide care and nurturance through appropriate interactions and interventions. Interaction and intervention is based on responding in a manner most appropriate to each child's developmental level and individual needs.

PHILOSOPHY AND EDUCATIONAL METHODS:

The philosophy of care in the preschool program is based on a child-oriented, individualized approach to offer each child the opportunity to develop his/her unique potential. Education of the children is a constant process of interaction based on the belief that education occurs within everything a child experiences. We will provide the opportunity for each child to explore, experience and discover their world, promoting developmental progress within a context of safety, security and trust.

GOALS AND OBJECTIVES:

Physical

To support and enhance each child's physical development through physical experiences that promotes emerging skills and utilizes the full range of their physical capabilities.

Methods / Activities

1. Providing proper nourishment based on individual needs.
2. Protection from and prompt care of physical illness.
3. Providing for physical safety.
4. Provide gross motor skill experiences (i.e.... climbing, running, playground play) giving children opportunities and practice skills that require strength, endurance, balance, agility, flexibility and coordination.
5. Provide fine motor skill experiences (i.e....painting, cutting, puzzles, manipulatives.)
6. Allow each child to gain understanding of their body and physical movements with an emphasis on gaining a sense of capability and personal satisfaction.

Intellectual

To foster each child's intellectual growth and development providing for preschoolers ability to acquire, organize and utilize more information from the environment, in increasingly complex ways.

Methods / Activities

1. To provide each child with experiences of real-life objects and materials and an environment that stimulates active participation.
2. Provide opportunities for children to expand their language skills and increase their language skills and increase their understanding and use of language.
3. To provide opportunities to increase and expand children's reasoning, problem-solving and representational abilities.

Social and Emotional

To nurture and support each child's social and emotional development and enable him/her to develop a positive, trusting attitude toward others and a secure sense of self.

Methods / Activities

1. Staff will establish stable, nurturing relationships with each child, encouraging reciprocal interaction.
2. Provide relative consistency and regularity in the physical environment and in those relating to the child.
3. Encouragement of expression of feelings and consistent, timely responses to each child's expressions.
4. Provide interactions with adults that are predominately warm, expressive, supportive, and accepting of the child.
5. Provide adult guidance that allows the child to become more competent and effective as they are helped in the process of learning self-control.
6. Providing adult guidance that allows the child to become more competent and effective themselves as they are helped in the process of learning self-control and independence.
7. Provide opportunities to experience relationships with peers that foster cooperation in a small social community.
8. Allow each child the opportunity to build empathy and respect for themselves and others.
9. Provide experiences that build self-reliance, independence, self-worth and an inner sense of order and discipline.

Preschool Daily Schedule

(Schedule is variable because of individual child's needs. This is an example.)

7:00 – 9:00am	Arrivals, free choice, center activities, small group projects
8:10am	AM Montessori departs
9:00 – 9:30am	Snack, toileting
9:30 – 10:00am	Large group circle time (i.e. singing, listening, sharing, reading)
10:00 – 11:00am	Large motor time (i.e. outside play, walks, gym usage)
11:00am	AM Montessori returns

11:00 – 11:50am	Lunch, cleanup, toileting
11:50am	PM Montessori departs
11:50 – 12:30pm	Outside play, free choice center activities
12:30 – 2:15pm	Rest / nap time and nap time center activities
2:15 – 2:40pm	Wake up, toileting, snack
2:40pm	PM Montessori returns
2:40 – 3:30pm	Free choice center activities, small group projects
3:30 – 5:00pm	Outside play, large motor activities
5:00 – 6:00pm	Departures, free choice center activities and small group projects

Activities/Materials

Within each day a variety of experiences are provided in the Preschool program. Quiet activities include stories, painting, water play and quiet one-to-one play interactions. Active activities include block play, wheel toys, rocking horses, climbing ramp, outdoor playground play, walks and active participation in songs and games. Much of the activity in the Preschool room is child-initiated. Staff look to the children for cues as to what they may want or need to be doing. Much of the day is spent allowing the children to make choices among a variety of options. Low, open shelves with books, wheel toys, puzzles, dolls, books and age appropriate manipulatives are accessible to the children and allow them to choose their own activity. Painting, coloring, play dough, sand and water play are also available on a daily basis. Teacher directed activities include story time and songs as well as active group games.

Rest/Nap Time

To nurture and support each child's physical and emotional development by offering a rest time to all children.

Methods / Activities

1. Staff will create a structured naptime activity plan, which enhances the children's growth and development.
2. Provide varied, relatively quiet activities that allow non-nappers to engage in learning activities while respecting the rights of other children to participate in a comfortable, quiet naptime.
3. Providing adult guidance that allows the children to understand the naptime routine.

Documentation Statement

Observational notes will be kept on each child enrolled in our program to document each child's physical, intellectual, social and emotional progress. Written daily reports will be provided to parents. Information will be communicated informally to parents on an on-going basis and observations will be compiled and reported during scheduled parent conferences twice annually.