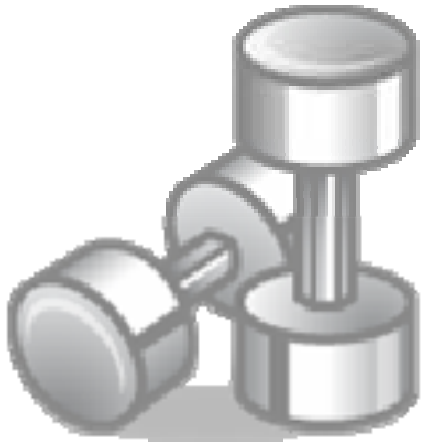


SUMMER TRAINING

GET MOVIN OVER BREAK!



NOT ALL KIDS NEED
TO PARTICIPATE IN
ORGANIZED SPORTS,

BUT

ALL KIDS NEED TO
PARTICIPATE IN
PHYSICAL ACTIVITY!

TUESDAYS AND THURSDAYS

2:30 – 5:30

June 17 THROUGH AUGUST 7

\$50

With the increase of student interest in both exercising for better health and improving athletic performance - come join our team and

GET MOVIN

over break in the Vis weight room. Sweat is the cologne of accomplishment. Continue the health conscious path our school has begun and join in the weight room fun!

Contact: Laura Schreifels, Athletic Trainer

lschreifels@vischool.org

(REGISTRATION AND FEE BY MAY 30 TO SEE IF WE HAVE ENOUGH PEOPLE)

Please make the checks out to Laura Schreifels.